



SEA CLIFF YACHT CLUB
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THURSDAY - July 9, 2015

WESTERN DISTRICT REGATTA

Sailing Instructions

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The 2015 Rules for JSA of LIS (JSA) Events will apply.
- 1.3 Rule 60.3 is changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.
- 1.4 Rule 61 will be changed as follows: "Immediately after finishing a race, without consultation with instructors, coaches or spectators, **a boat shall notify the race committee finish boat of its protest** against another boat and (if possible) provide the sail number or skipper's name of the protested boat."
- 1.5 Rule 63.7 will be replaced with: "If there is any conflict between the sailing instructions and the notice of race, the **sailing instructions shall apply.**"
- 1.6 Rule 63 is changed to add: "**63.9 The JSA Arbitration Procedure** (as described in Appendix C of the 2015 Rules for JSA Events) shall apply to protests involving Part 2 rules."

2 NOTICES TO COMPETITORS

Notices will be posted on the official **regatta notice board located in the Clubhouse.**

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be **posted no later than 30 minutes before the harbor start** on the day the changes take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the **main flagpole**.
- 4.2 The **harbor start** will be signaled at 1050 in the vicinity of the Sea Cliff Yacht Club main dock with one sound signal. Postponement or abandonment may be signaled instead of the harbor start.

5 SCHEDULE OF REGISTRATION, INSTRUCTOR'S MEETING, RACES AND AWARDS

- 5.1 Three (3) races are scheduled.

- 5.2 Time line is as follows:

Registration: **Deadline** for registration is 6:00 PM— Thursday, JULY 2, 2015 at the **Club office or on-line** by the same time.

Instructors Meeting: **Mandatory meeting** in the Clubhouse at 10:00 A.M., JULY 9, 2015. On the day of the Regatta all **instructors are required to certify** to the Race Committee that entrant sail numbers, skipper and crew where applicable are accurately registered. *All instructors must confirm their advance registrations at the mandatory onshore Instructors Meeting held in the Clubhouse at 10:00 A.M.*

Contestants Meeting: None

Harbor Start: 10:50 A.M.

First Warning Signal: **11:50 A.M.**

Lunch: Whenever there is a chance between races. Lunch is not provided.

Awards: Presentation of Awards in the Clubhouse will be following the completion of scoring.

6 CLASS FLAGS

The class flags will be:

C420s	Numeral 1	White pennant having red dot
Lasers Radials	Numeral 2	Blue pennant having white dot
Laser	Numeral 3	Red, white and blue pennant
Pixel	Numeral 4	Red pennant having white cross

7 RACING AREA

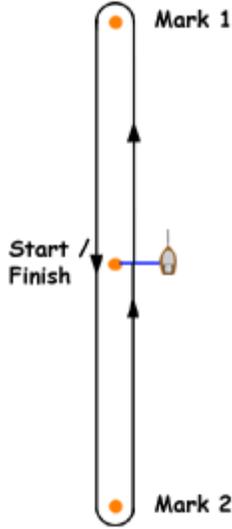
The racing area is on Long Island Sound near the mouth of and in Hempstead Harbor. There will be **TWO** race courses. The Blue Race Committee Course will be for the 420 and Laser Radial divisions. The Red Race Committee Course will be for the Laser, Pixel and Blue Jay divisions. **If it is necessary to run all races on ONE course**, notification will be made at the instructors meeting and notification posted before the meeting.

8 THE COURSES

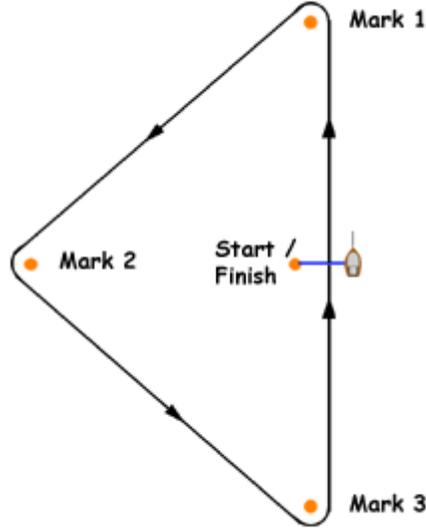
- 8.1 The diagrams with the identifying letters below show the courses, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

Course W Windward-Leeward-Windward - start and finish in middle of the windward leg.
Course T Modified Triangle - start and finish in the middle of the windward leg.
Course M Modified Gold Cup – Triangle followed by Windward-Leeward-Windward with start and finish in middle of the windward leg.

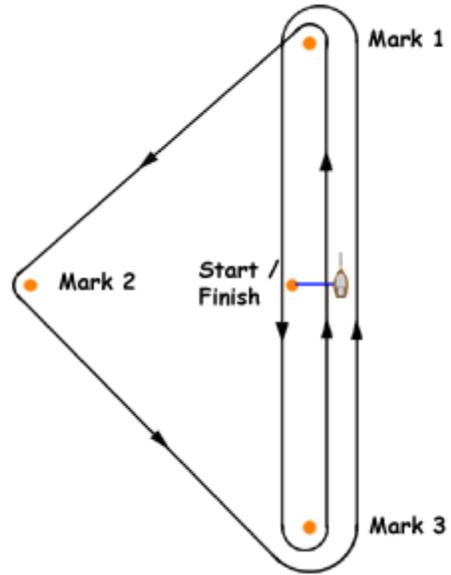
Course W



Course T



Course M



8.2 For all courses the starting and finishing lines, including the marks that bound them, are an obstruction except when starting or finishing. Boats may pass on either side, but **shall not pass through the line** on a first or second leeward leg, or on a second windward leg,

8.3 The identifying letter of the course to be sailed will be displayed from the race committee signal boat before or with the warning signal for each class. The number '2' displayed next to or below the course letter means twice around.

9 MARKS

9.1 On the **Blue Race Committee Course** (C420 and Laser Radial) Marks 1, 2 and 3 will be **orange triangular or round orange marks**. On the **Red Race Committee Course** (Laser, Pixel and Blue Jay) Marks 1, 2 and 3 will be **yellow round marks**.

9.2 New rounding marks as provided in instruction 12 will be orange triangular or orange round marks.

9.3 The **starting and finishing marks** will be a race committee signal boat at the starboard end and an orange buoy with a staff at the port end.

10 THE START

Races will be started using rule 26 as follows:

Signal	Flag and sound	Minutes before start
Warning	Class flag; 1 sound	5
Preparatory	P, I, Z, Z and I, or black flag; 1 sound	4
One-minute	Preparatory flag removed; 1 long sound	1
Start	Class flag removed; 1 sound	0

A boat starting later than four minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rule A4.

- Classes will **start in the order shown in paragraph 6 above**. If there is more than one class, after the start of the preceding class, the race committee will begin a new starting sequence.
- A series of **short sounds is used to call attention** just before each warning signal.
- The **starting line** is between a staff displaying a white flag on the starboard end and a starting mark on the port end when viewing the course from the pre-start side of the line.
- Boats whose warning signal has not been made shall **avoid the starting area** during the starting sequence for other races.
- Races 2 and 3 will start immediately after the completion of the preceding race.

11 RECALLS OF OCS BOATS

- 11.1 When an individual recall is signaled (X flag plus one sound signal), the race committee will attempt to hail the sail numbers of all boats that are OCS. This adds to rule 29.1. The **X flag** is a dark blue cross on a white square displayed for four minutes or until all boats that prematurely started return to the pre-start side of the line.
- 11.2 If **code flag “I” and/or “Z”, or the black flag** has been displayed, the race committee will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before her starting signal.
- 11.3 A **general recall** is signaled by “First Substitute” flag (triangle with blue outside and yellow inside) and two sound signals. After a general recall, a new five-minute **sequence starts** one minute after the lowering of the “First Substitute” flag.
- 11.4 Failure of the race committee’s amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes rule 62.1.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

13 THE FINISH

The finishing line is between a staff displaying a white or orange flag on the starboard end finish mark and the course side of the port end finishing mark.

14 TIME LIMITS

- 14.1 The time limit for the first boat in each class to finish shall be 75 minutes.
- 14.2 Boats failing to finish within 20 minutes after the first boat in their class to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the sum of the number of finishers plus 2 points, but not worse than DNF. (This changes rules 35, A4 and A5)

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the race office located in the Club office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each class, the protest time limit is 45 minutes after the race committee signal boat docks.
- 15.3 The first sentence of Rule 62.2 is changed as follows: “The request shall be in writing and be delivered to the Club office no later than the protest time limit or two hours after the incident, whichever is later, with the following exception : if the race committee posts a list of boats scored

OCS, ZFP or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit.”

- 15.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Clubhouse as soon as practicable.
- 15.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b) within the protest time limit.
- 15.6 Protests under sailing instructions 4.2, 17 and 19 may be made only by the race or protest committees.
- 15.7 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily “schedule of protest hearings” that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.

16 PENALTY SYSTEM

A boat may take a Post-Race Penalty by informing the protest committee (not the race committee) in writing upon coming ashore at the end of a day’s racing accordance with Appendix T Section B. If a protest has been filed regarding the incident for which a boat wants to take a Post-Race Penalty, the protest committee will determine if either an arbitration meeting or a protest hearing is required before the Post-Race Penalty can be taken. When it is satisfied that the requirements of rule T2.1 are met, then the protest committee will assign the appropriate scoring penalty based on submission time and give a report to the scorer.

17 SCORING

- 17.1 Three (3) races are scheduled. One race is required be completed to constitute a series.
- 17.2 The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, shall apply except that a boat’s series score shall be the sum of her scores for all races.

18 SAFETY REGULATIONS

- 18.1 Before the first warning signal for each day, all boats shall check in with the race committee by sailing on starboard tack or towing past the stern of the anchored race committee signal boat and hailing their sail number until acknowledged by a committee member. Infractions of this instruction may be protested by the race committee only.
- 18.2 A boat that retires from a race shall notify a race committee boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

19 SUPPORT BOATS

- 19.1 Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 19.2 Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors’ meeting.

20 TRASH DISPOSAL

Overall, boats shall comply with rule 55. Boats shall not intentionally put trash in the water. Trash may be placed aboard support and race committee boats.

21 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

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PROs: Blue Course...John Dawson
Red Course...David Lawson