



Douglaston Optimist Regatta
Douglaston Junior Yacht Squadron
Thursday, July 22 2015
The Douglaston Club: 600 West Drive, Douglaston, NY

NOTICE OF RACE

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current version of The Racing Rules of Sailing.
- 1.2 The 2015 Rules for JSA of LIS (JSA) Events will apply.
- 1.3 Racing Rules listed below will be changed as indicated. The changes will appear in full in the sailing instructions. The sailing instructions may also change other rules.
 - a. Rule 61 will be changed to require that immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the race committee finish boat of its intention to protest another boat and (if possible) provide the sail number of the protested boat.
 - b. Rule 60.3 will be changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.
 - c. Appendix T, Section B, Post-Race Penalties will apply.

2 ELIGIBILITY AND ENTRY

- 2.1 All competitors shall comply with the eligibility rules of JSA and are required to be members of the United States Optimist Dinghy Association (USODA).
- 2.2 This event is open to Optimist sailors representing member programs in JSA Area A. Sailors from programs outside JSA Area B and C may enter if space permits, in which case entries will be accepted in order of date of receipt.
- 2.3 All participants shall be certified as competent for this event by either the head instructor or the program head of their member program. Competency is defined by the JSA as follows: Each entrant is able to sail his/her Optimist to windward and to leeward in a variety of wind conditions, is able to right the boat after a capsized, and has previously sailed a race course.
- 2.4 This event is a qualifying event for the 2015 JSA Optimist Championship
- 2.5 The entry package must be received by Meredith Krim at 600 West Drive, Douglaston, New York 11363 no later than 5:00 on Monday July 20, 2015. One check [or electronic payment] payable to The Douglaston Club must be drawn per club to cover all fees. Entries for this regatta will be accepted via the JSA database regatta registration facility; if that is used, it is still required that payment be received by the due date.
- 2.6 The entry package consists of the entry form, a completed JSA Standard Waiver and Medical Release Form for each competitor, and a single payment to cover all fees. The entry is not complete until all these elements have been received at the address above.

2.7 The entry forms and waivers can be submitted via the JSA online regatta registration capability. Please have your club administrator locate this regatta via the regattas tab in the JSA online database and follow the directions there Payment for regatta fees must be received as directed by 2.5.

3 FEES

3.1 The entry fee is \$55 per sailor.

3.2 Late entries and/or changes may be accepted at the discretion of the regatta chairperson. To inquire about registering after the date listed above, contact the regatta chairperson. Please do not send late entries or changes without permission from the regatta chairperson as they may not be accepted. The entry fee for late entries is \$65 per sailor.

4 SCHEDULE AND REGATTA FORMAT

4.1 **Registration:** All competitors and instructors/coaches shall appear in person at the registration table during the registration period. Instructors shall also attend the instructors’ meeting to receive safety assignments.

4.2 Competitors will be assigned to groups according to their age on the day of the regatta as follows:

- White Fleet 10 and under
- Blue Fleet 11 and 12
- Red Fleet 13, 14, and 15

These groups may race together or separately, as described in the Sailing Instructions.

The race committee will supply colored streamers to be displayed by each boat if the groups race separately.

4.3 The schedule of events is as follows:

Day	Date	Time	Activity	Location
Wed.	July 22, 2015	0800-9030	Registration	Douglaston Dock (Intersection: Beverly Road and Shore Road)
		0800-9030	Measurement and equipment check	Dry-sail beach area
		0930	Instructors Meeting	Douglaston Dock
		0945	Competitors Meeting	Douglaston Dock
		1000	Harbor Start	
		01045	First Warning Signal	
			Lunch	On the water
		1600	No warning signal after this time	

4.4 No first warning signal will be made after 4:00pm on Wednesday, July 22 2015. Awards to be presented at the Douglaston Club located at 600 West Drive as soon as possible after the last race.

5 MEASUREMENT, SAFETY AND EQUIPMENT

- 5.1 All boats shall conform to their class rules and with the JSA Optimist Inspection Checklist (Appendix A of the 2015 Rules for JSA Events). Boats are subject to inspection by the organizing authority or the judges at any time during the event.
- 5.2 **Personal Flotation Devices (PFDs):** In addition to the requirements of rule 40 and its U.S. Prescription, a condition of entry and participation in this regatta sailors shall wear a personal flotation device (PFD) approved by the US Coast Guard that is 100% dependent on foam for floatation and the appropriate size for the wearer with whistle attached and properly secured at all times (except for brief periods to adjust clothing) while on the water or on the dock in accordance with Rules for JSA Events. This instruction also applies to all instructors. Failure to comply with JSA rules can result in disciplinary action being taken (see Section 14).
- 5.3 **Bow line and whistle:** Each boat shall have a secure loop in the end of its bow line, and each sailor shall have a whistle secured to his/her personal flotation device.
- 5.4 **Sail numbers:** Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected by the Organizing Authority. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

6 SAILING INSTRUCTIONS

Preliminary sailing instructions may be available on line at www.jsalis.org before the event. Final sailing instructions will be available at the on-site registration/check-in desk.

7 VENUE

The racing area will be the water north of the Douglaston fleet.

8 THE COURSES

The courses to be sailed will be a trapezoid with the start and finish in the middle of the windward leg.

9 PENALTY SYSTEM AND PROTESTS

- 9.1 The penalty for breaches of the Rules for JSA Events will be at the discretion of the protest committee and may be less than or greater than DSQ for one or more races. Please see Rules for JSA Events 11. In accordance with rule 70.5(a), decisions of the protest committee are final. US Sailing's permission has been granted. If the requirements at <http://www.ussailing.org/race-officials/rules-and-appeals/new-no-appeals-page/> are not met, the decisions of the protest committee may be appealed

10 SCORING

- 10.1 The race committee will run as many races as is reasonably possible. One race is required to be completed to constitute a series.
- 10.2 When fewer than four (4) races have been completed, a boat's series score will be the total of her race scores. When between four (4) and five (5) of races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

11 SUPPORT BOATS

- 11.1 Any club entering three or more boats shall supply a support boat equipped with a working VHF radio, an anchor and a first aid kit. An instructor, coach and/or other support personnel shall drive the support boat in accordance with Rules for JSA Events 10.4 (d) and (e) and shall register with the organizing authority at registration to receive safety patrol assignments.

- 11.2 Spectator and support boats shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee.
- 11.3 If a club is not sending a support boat (i.e., a club is sending fewer than three boats), arrangements shall be made with another club to allow the instructor supervising those sailors to go out on the water. In no circumstances will competitors be allowed to sail without a designated instructor on the race course.

12 BOAT AND TRAILER STORAGE and LAUNCH

- 12.1 All boats will be dry-sailed with a beach launch. Low tide is 9:52 AM on July 22, 2015. High tide is 4:09 PM on July 22, 2015. For coach and spectator boats wanting to launch from Douglaston, come to Memorial Field at 3:35PM on July 21 for the high tide. Please email MeredithKrim@gmail.com in advance to arrange this July 21 afternoon motorboat launch.
- 12.2 Boats, dollies, and/or trailers will be stored at the Douglaston Dock.
- 12.3 If a spectator plans to launch a motorboat, prior arrangements must be made due to tide and capacity restrictions.

13 PRIZES

- 13.1 Prizes will be awarded to the top 3 finishers in the Red, White, and Blue fleet age groups.
- 13.2 A sportsmanship trophy may be awarded at the discretion of the race committee

14 PERSONAL CONDUCT

- 14.1 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor or instructor may be disciplined as per Rules for JSA Events 11.2 for actions that include, but are not limited to, the following:
 - a. swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
 - b. stealing or borrowing without permission, anything that does not belong to them; or
 - c. possessing, consuming or being under the influence of alcohol, or controlled substances the possession of which is unlawful.
 - d. failure to wear a properly fastened PFD.
 - e. failure to comply with curfew requirements or other conditions of the regatta
- 14.2 Please note that if an instructor is asked to leave a race course, all juniors for whom that instructor is responsible shall leave the race course as well unless other satisfactory supervisory arrangements are made.

15 DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 15.2 Sailing is an activity that has an inherent risk of damage and injury. The race organizers (organizing authority, race committee, protest committee, host club, or any other organization (including the JSA or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

- 15.3 As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Douglaston Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Responsibility for evaluating wind, sea and weather conditions rests with each competitor as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

16 Food and Drink

16.1 Each sailor is responsible for his/her own lunch. Water will be provided, and refreshments will be served ashore after the last race.

FURTHER INFORMATION

The Notice of Regatta, Sailing Instructions, results and other information will be available at www.jsalis.org.

Regatta Co-Chairperson:

Laura McAndrew - Laura.J.McAndrew@guycarp.com

Regatta Co-Chairperson / Principal Race Officer:

Michel Fiechter - mfiechter@tpgarchitecture.com

Head Instructor:

Meredith Krim - (516) 987-2313 - MeredithKrim@gmail.com

The Douglaston Club General Manager:

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